A. Niranjan: Happiness depends on you, you need correct knowledge

Well, in fact, a great deal is already happening, because if you are here, it means that you have already realized that
a very large part depends on you. And literally your state of happiness or unhappiness, or the world around you — it depends precisely on you. To realize this already means a lot. The only thing left is to find knowledge — correct knowledge — and apply a certain amount of will in order to realize it.

But when we say “correct knowledge”, what do we mean? The point is not only
that it is accurate and right, but that it is **holistic** or **complete**.
Because such knowledge must remove from the space of consciousness any doubts
and any fears. But we remove fears only when we have clarity. That is, we will study with you
not separate sciences or separate philosophical directions, but **holistic knowledge** that brings **total clarity**.
And such knowledge exists on Earth. It is **Vedic knowledge**, because it
is transmitted **outside of man**. “Outside of man” literally means
directly from the universe itself. That is, we are not talking about religion, not about
self-suggestion, but only about the purity of knowledge in your mind. That is exactly
our goal. Because when a person gains clarity, questions disappear, he clearly understands where he is, who he is, why he is here, where he is going, and he is filled with happiness and
literally flies on the wings of this happiness.

That is, our goal is to achieve the state in which **you yourself choose your state**,
you yourself choose the world around you, **you yourself control reality** and
always have a basis for understanding **why, what, when** you are doing something.
Sounds amazing, right? Really amazing. One could even say — stunning.
And one could say that it’s a bit of a fantasy. But listen: the Academy has already existed for many years, almost
10. And during this time, from the students — literally from **all** students — we hear only two emotions.
The first emotion is **admiration**, and the second emotion is **regret**.
Regret that this knowledge came so **late**.
That’s the amazing story. So believe me — no one here is inventing anything. This is pure knowledge.

So, everything we do in life, in fact — everything **you** do in life — you do (or we do) **for the sake of happiness**.
But the trouble is that **no one teaches this**.
But apparently it’s time to correct that. And that’s exactly what we will talk about.

And we need to start with the **first step**:
to study the world in its fullness,
to find yourself in this world,
and to determine your path in accordance with your personal nature.

Of course, there will be subsequent steps, but those are already different levels of development.
The most important step is the **first** one, because only after taking the first step does everything else become clear.
That, in general terms, is what the course is about.

Now, if you take Vedic knowledge and start reading — just open the first page of the **Rigveda** and start reading — you will hear and
see there one letter: **Om**.
Om. **Om** is the sound of creation.

That is, what is written in the Bible — “In the beginning was the Word” — we now know **which** Word it was.
That Word is **Om**.
And then the word **Om** is explained in the **Gayatri Mantra**, which you just heard.
And the meaning of this mantra — think about it — is:
“May the Supreme One illuminate and inspire our mind.”
That is, this is a mantra for **purifying consciousness**.
That is, we are talking about the fact that the very base, the very foundation of all knowledge, is precisely **getting rid of illusions** so that one can see the world **as it really is**.
That is exactly where the path begins. And from this moment a person becomes capable of seeing reality.

Let us approach it from another angle.
Imagine that you are in a **dense, dark forest**. Night falls. You need to go forward, because there is rustling, there is rustling again, someone’s eyes flashed, someone is licking their chops there. You understand that you need to get out of this forest, but it’s dark, nothing is visible, the moon is hidden, pitch blackness, and in this horror you are making your way through the wind-fallen trees.
How does it feel to walk through wind-fallen trees at night?
Now think: in the modern world a person actually lives **exactly like that**, because we do not know **where** we are, we do not know **who** we are, we do not know **why** we are here, we do not know our goals, we do not know what will happen one step ahead.
Maybe there is a cliff there — we don’t see it, we don’t know anything.
And the question is: **where to get inspiration**?
To live, to be happy?
On the contrary — such a reality instills **horror**, **fear**, impatience, sometimes anger, fussiness.
Everyone copes with it differently, through different emotions. Well, that’s not very good for happiness.

You know, in childhood we were afraid to enter dark rooms because fear was waiting for us there.
But as soon as we turned on the light — the fear disappeared.
That is exactly what we will be doing — turning on the light in your life.

And while this has not happened yet, and most of us are in fear — of course not everyone, but most — we try to hide this fear in various activities. Someone runs back and forth from the refrigerator to the toilet, someone tries to accumulate as many resources as possible, someone tries to gain status, someone tries to gain power — but **all of this has nothing to do with happiness**.
It is simply an attempt to **avoid fear**.
And fear comes from **ignorance**.
That’s all.

Until you turn on the light of clear understanding of your place in life — it will remain like this.
There will be this state of unhappiness.
But suddenly it is enough to realize **what kind of world this is**, **why we are here**, **how it works**, **where I should go** — and to set off along this path.
Suddenly life fills you with inspiration, and **you begin to build this world**, instead of the world influencing you.
That’s the story.

Let us go a little deeper.
So what surrounds us? Think about it — what surrounds us, what is around us.
In fact, we are surrounded by **illusions**.
Why? Because each of us describes the world around us **differently**.
That means it is an illusion — because one person sees it one way, another differently, someone else in yet another way.

So the first thing we need is to go **beyond the personal view**, to free ourselves from illusions — and then the world will reveal itself **as it really is**.

Second. **Who am I?** The question.
Who am I really — not the body, not the mind, not the emotions?

Let us ask ourselves. Who am I?
Each of you, please ask yourself this question.
If, for example, you cut your nails — will you stop being yourself?
Probably not.
If you lose a finger in a fight somewhere — will you stop being yourself?
Probably not.
If you stop feeling some emotion — will you stop being yourself?
No.
Or, for example, if you lose some feeling. Many people remain themselves even though they have lost some feeling.
Good. And if at some moment you stop thinking — will you stop being yourself?
No, you will remain yourself.
That means we understand that we are **something different** from what we are used to thinking about ourselves — something **transcendental**, a certain **observer**.
Let us not go into details yet, not give any special names, but we are **someone who observes**.

Good, moving on.
What is the meaning of our existence?

Oh, this is already closer to us, because whatever we do, we always do it **for the sake of happiness**.
Question: but **what is happiness**?
Here is the problem — **no one taught us this**.
We were constantly told that happiness is eating something tasty, right?
Or happiness is marrying well or getting married successfully.
Or happiness is money and power.
But no — it turns out that **this is unhappiness**.
Many of us understood this only toward the end of life: they seemed to be accumulating, filling themselves — but happiness never came.
Why? Because there was a **substitution**.
They were collecting resources, energy, strength — but not happiness.
But happiness comes when you embody these resources, strength, energy **in accordance with your own nature**.
That is exactly the answer of the Vedas.
If you want to be **truly happy**, you need to determine **who you are**, understand your **nature** and act in accordance with it.
Then the energy that passes through you will bring happiness.

And in fact the nature of a human being and the path that a human being should walk — these are **one and the same**, because such a nature was given to him precisely so that he could walk this path.

But while you do not know this, do not realize it, you constantly remain in that forest, among those wind-fallen trees on a dark night.
Because if you ask yourself: “And what will happen tomorrow?” — it turns out that **no one knows** what will happen tomorrow.
There are many sayings about how we live in uncertainty — but it turns out that **this is not true**.
It turns out that there exist certain **laws**, certain **connections** that allow us to see what will happen tomorrow.

You understand how amazing that is? It is a **deception** that we cannot know what will happen tomorrow. **We can**.

And finally — how can I walk this path in a worthy manner?
And it turns out that the most important thing is **to learn to desire correctly**.
And in general — what can we do?
Can we walk? Or can I take a cup in my hand?
It turns out — **no**.
You can only **desire** to take the cup in your hand.
That is, it turns out that the only and most important thing we need to be able to do is **to desire**.
To desire correctly.
To desire on the basis of **knowledge**, to desire on the basis of **our own nature**,
and not desire what is dictated to us by someone else — mass media, society, family.
The main thing is to understand ourselves and follow that.

So it turns out that we need, first:
to know this world — how it is arranged — and the **Vedas** will tell us about that.
Second — to realize ourselves: **who am I** — and **Raja Yoga** will tell us about that (this is one of the branches of Vedic knowledge that studies consciousness).
Further — I need to determine my **personal nature** and find the path in accordance with this nature — this is **dharma**.
Further — I need to see what is around me, turn on the light and find out what will happen tomorrow or around the corner — this knowledge is called **Jyotish**.
Besides that, I need to be strong, joyful, filled with life — and other Vedic sciences will help with that:
such as **Vastu**, which allows you to live in a space that will **nourish** you with strength;
such as **Ayurveda**, which allows you to live healthy and happy regardless of age;
and finally **Yoga**, which literally **nourishes** you with life.

So when we bring all of this together — that is the **fullness of worldview**, the worldview that leads us to happiness.
And that is exactly what the **first course** is.

It is very, very sad that neither schools nor universities teach this.
On the contrary, they teach us **separate sciences**.
But when a person knows separate sciences, he cannot connect them.
And each of our children — and we ourselves in a certain sense — are idiots, because we do not connect these things.
In our heads there is literally **chaos**.
In schools the reigning science says: “A human being is a set of organs, a galaxy is a set of stars, history is a set of histories of separate countries” and so on and so on.
That is — everything separately.
And as a result there is **chaos** in our heads.
That is exactly **ignorance**.

Because in reality this world is **absolutely systemic**.
There are absolutely clear, understandable interconnections here that simply need to be known and to build your life in accordance with them.
That’s all.
It is like the laws of physics.
We all know that there are laws of physics, but for some reason very few people understand that there are also **spiritual laws** — and they may be no less, and perhaps **much more** important than the laws of physics.

Maybe religion will help us — but we have already “used” religion and it does not work, because what does religion say?
Religion says: “Listen, perform these actions, these tasks — one step to the left, one step to the right — you commit a sin and you will not go to heaven.”
That is, we are forced to **blindly obey** commandments.
I have a question: have you ever seen a child, a person who can **develop** while blindly obeying something?
Obviously this is complete nonsense.
In order for you to develop, to realize yourself, you need to **understand what, how and why** to do — and in accordance with this understanding **choose actions yourself**, sometimes even making mistakes.
Only then do we develop. There is no other way.
Unfortunately, no one in the world — not even religion — offers this.

I will tell you even more — it is actually **worse**.
Why?
Because inside us there is a direct, very powerful connection with our soul.
We often call it **conscience**.
And when we have neither knowledge nor even true faith — not even faith, but the very **realization of the presence of divinity** — when we have neither one nor the other, the only protection left is **conscience**.
This is your guide that can show you where to go.
But what actually happens?
We violate it, do not do what conscience says — and then we **explain to ourselves** why we did it.
“Because I did it for someone”, “because I did it better than him”, “he is bad and I am better compared to him”, “I am better”.
One way or another we build an explanation and in this way **fence ourselves off** from our conscience.
But when we fence ourselves off from conscience, we also fence ourselves off from our **happiness**.
Because conscience is not only the **pain** that conscience gives when we violate certain laws — it is also **joy**, **happiness**, **delight** when we follow them.
If you have fenced yourself off from conscience — what does it lead to?
To the **complete loss** of the feeling of inner happiness.
And then a person starts looking for happiness in the refrigerator, in alcohol, in drugs, anywhere — but not in what is really important.
Sex and so on — all of this is **compensation**.

In fact, everything I have just told you is the **big problem of our era**, because as a result we have received ourselves in a **fragmented state**.
In our consciousness there are many separate sciences, histories — but they are all disconnected.
Our soul is separated from us by these explanations of “why I violate spiritual laws”.
The intellect cannot break through to the mind because the mind is filled with mass media, stories, various influences — and it has simply **become dull** from this.
We have literally **walled ourselves off** from everything with stories about our own infallibility.
Moreover, we have even **unlearned how to hear our own body**, because the body says: “We don’t need sugar” — but we continue eating it.
Do you understand? We do not even hear our own body.
What can we say about other people…
All of this together leads to **degradation**, to **chaotic consciousness** and, as a consequence, to unhappiness, to suffering.

Because of this division we need to **return**, to **connect**, to **gather ourselves**.
Because if we do not do this, we are very weak.
Our concentration weakens because everything distracts us. We fall asleep.
Look at modern people — even the best of them. For example, if you consider the best to be leaders — look at European leaders and you realize that there is no humanity in those leaders.

This is all… to put it mildly… in quotation marks.
No, I will not say more.
These are not real People with a capital P.
They too are in fear, they too are in ignorance, they too suffer.
And it is very interesting to observe in the modern world.

For example, someone studies economics because mom and dad said that economics will give resources and you will live a happy life.
So the person studies economics. Studies because he hopes to find a happy life there.
Then he goes to work as an economist and sits at work — but inside it hurts, he feels bad, because this is **not his path**.
But he sits for the sake of money, he achieves it and gets this money.
But do you know what happens to him at that moment?
Just yesterday he was a cheerful, life-of-the-party guy, wonderful.
And now he has suffered for this money — and he has become **greedy**, because he suffered for this money.
And suddenly this wonderful, marvelous guy turns into a dull, unpleasant being.
And all because he did not bother to understand **who he is** and **why he is here**.
And there are **millions** of such people.

And I call on you — let us get rid of these mistakes, because there **is** knowledge that allows you to understand **who I am**, **where I am**, **why I am**, and to start acting in this direction.
Is it really a misfortune to have this opportunity even at the end of life?
We have many students — 60, 70, 80 years old; there were even women who went through the course and gained the opportunity to be happy, at least to **leave this life with happiness**, so as to be reborn in a more happy stream.
Do you understand?
Otherwise — fear, suffering.
Thank God, friends, right now, when everyone feels so bad, this knowledge has arrived.
In this era of discord, knowledge has come about how to arrange your life and live **happily** no matter what.

You are about to gain knowledge about how this world is arranged — both on the physical and on the spiritual level.
You are about to see the **system of connections** — and when you are in these connections, any reminder or thought of **fear** will disappear, because there is **no place for fear** here — here there is only the radiance of knowledge.
You will learn knowledge about the human being and will be able to get rid of your mistakes, illusions, remove your ego — and that means increase concentration, return and understand the goal and meaning of life, gain clarity of path.

In the big picture, after the Academy each of you will become a **Person with a capital P**.
The word “human being” will sound **proud**, because unfortunately for most people right now it sounds dull — but it **should** sound proud.

You know, a person who sees and understands the meaning of life, who is free from fears, who has a profession and helps people **not because he needs money**, but because **he is happy doing it** — **that** is a real human being.
And such a person will, of course, restore and return his country, and find like-minded people who will be nearby and devoted to one cause.
And all of this — in accordance with personal nature.
This is wonderful. Absolutely wonderful.

Okay, now let us approach the question of happiness from yet another side.

So — **happiness means being yourself**.
A very simple example.
If someone has a dog and you kick it out of the house — will it be happy?
Of course not.
But if you take exactly the same genetic being called a wolf, find it in the forest, drag it home by force and lock it up — will **he** be happy?
No.
That is — look: the same being, but because their **spiritual nature** is different — in different circumstances it is happy or not.
That is dharma.
That is — we need to understand **who we are** and follow that.
It is so simple.
Not to follow imposed ideas that we all must become economists or lawyers — but to **find ourselves**.

But are you **free** to find yourself?
Unfortunately — **no**.
Because we are controlled by mass media, various opinions, society — and then we roll along this rut of habits and circumstances.
And we need to get out of this rut.
And therefore there is one more thing that we will try to teach you — **awareness** (mindfulness), because only by being aware of what is happening can you get out of this rut, get out of the rut of ignorance — and only then does the **growth of consciousness** begin.

What does growth of consciousness mean?
You know, a human being is quite a complex system.
At the head, of course, we have the **soul**, which is the source of light, the observer of consciousness.
A human being has **ego**, which protects him, but very often because of illusions the ego becomes inflated and becomes **false**.
Suddenly we start passionately supporting some football team although it has nothing to do with us — but we support it.
That is ego.
Further we have **intellect** (buddhi), which contains experience about our goals, about our happiness.
And depending on what our understanding of happiness is — we move in that direction.
But unfortunately, if in the intellect there is no knowledge — forgive me — if knowledge is confused, then it cannot understand **where to go**.
And then it starts to perform and choose a goal based on what the **mind** says.
And the mind says what is good: something sweet, something forbidden — but for the mind that is good.
And the intellect yields and starts going where the mind tells it to go.
And that’s it. The human being ends — because he stops acting, stops being aware.
The intellect falls asleep.

Our mind is subject to external influence.
It is under the influence of society, mass media, advertising.
As a result — stop, we’ve passed the station. You have already **lost yourself**.

Let us recall a completely stunning example.
In the middle of the last century two black-and-white films were made about children.
In the first one two children were persuaded to call white black — and then a third child, who was not persuaded, also called white black.
That is — how strongly we are subject to influence if we are not reasonable.
And then there was a second film — already with adults: nine people; eight were persuaded to call white black — and the ninth also called white black.
Think about it — an **adult** person.

Why?
Because he acts on the basis of the **mind**, reactions.
He sees that everyone is saying something — he thinks he is wrong — and starts saying the same thing because he lacks **awareness**.
He is not a reasonable person — he is a **reactive** person.
And most people are like that.

Enough, friends — let us be **reasonable people**.
In fact we **can** and we **know** how to develop consciousness.

It begins with the fact that most of us think that they are the **body**.
They can say whatever they want — but they perceive themselves as the body.
And of course, if such a person finds his path and begins to follow his **dharma**, then gradually an interesting life forces him to develop consciousness.
Then he enters a more developed state when he begins to think that he is **energy**.
That is also quite a weak state because he is dependent on money, on health, on energy.
But it is already not bad.
If in this state he begins to achieve success (**artha**) — this practice develops his concentration and he rises further — and he begins to think that he is **information**, that he is **knowledge**.
That is already good. That is already quite good concentration of consciousness.
Many scientists have such consciousness — but it is still a limitation. Limitation by status, dependence on other people's opinions.
But if a person continues to develop and **give** the fruits of his activity to other people — that is, he gives, in a certain sense engages in charity (not exactly in the material sense — simply gives himself to others) — concentration grows further.
And he enters the state when he understands that he is **intellect** — and that intellect is not what you know, but **what you are aware of**.

And these four stages we go through on the first, second, third and fourth courses — which allows a person to get almost to the very top, because there is still a fifth level of consciousness called **ananda** — when a person directs all his attention to the highest interests, highest forces, highest experiences.
That cannot be taught in school.
You will be able to learn that yourself under the guidance of your spiritual teacher.
But the first four steps — we will help you take them.

And today, at the beginning of the course, you should understand that the **first course** gives a colossal base:
what, how and why everything is arranged,
who I am,
why I am here,
here is my path — I start walking along it,
here is the strength to walk it.
This knowledge will be **extremely valuable**.

And there will also be a second course — work with consciousness, with concentration, with success.
And a third course — how society is arranged, how interactions are arranged, how to become a leader.
And a fourth course — how to gain **complete freedom** that allows someone even to become a teacher.
But that is later.
Right now it is important to realize **where we are**, **who we are**, **why we are here** — and to start this path.

Now our faculties also offer knowledge of specific sciences from which **all other sciences** came.

Look: if you want, you can go to the **Yoga** faculty and become a yoga teacher.
But in reality behind this lies **self-control**, work with one's own consciousness, the ability to control oneself.
And that means you become indispensable in **any sport**, in any martial art, in any self-realization practice.

Second science — **Ayurveda**.
If you go the path of Ayurveda, you study the knowledge of life — how to live happily, healthily, clearly understanding what really lies behind every action you take — is it natural or not.
And on the basis of Ayurveda the whole of modern medicine, biology, genetics is built.
All of that is empty if you do not know Ayurveda.

Next. **Vastu** architecture — this is the ability to correctly, harmoniously create a space in which, being inside that space, you will be healthy and happy.
Do you know, friends, that more than half of all human diseases happen because people live in premises that are **not suitable**, where the energy of the space literally **kills** you.
You need to understand this, learn this and build a space that will give happiness.
An architect who does not know Vastu is an **empty** architect, friends, empty.

Therefore if this direction interests you — study Vastu.

Next I will not even mention **Jyotish**.
Jyotish allows you to **really see** tomorrow.
Right now, in the new era, the best professions are professions connected with **prediction** — prediction of the development of civilization, prediction of the development of artificial intelligence and so on and so on.
Without Jyotish a predictor is empty.

So you can receive not only basic knowledge about happiness, but also a **profession** on the basis of which — in accordance with your nature — you can build a wonderful career, including at the very highest level.

That is our **first course**:
to determine where we are (our location),
to understand who I am,
to choose a direction for development,
to determine where to get strength and start accumulating it — but not in order to accumulate it pointlessly, but in order to direct it in accordance with nature.
That is — knowledge about the universe, about the human being, and about movement — that is, about **karma**, action.

Well, I hope I have shed at least a small flashlight — or rather a spotlight — on what awaits you.
So — have a good journey. Thank you very much.

Here is the continuation and completion of the full English translation, picking up exactly where the previous part ended (right after the main lecture portion). I continued with the same principles: full preservation of every word and idea, no omissions, natural spoken style retained, light editing only for readability in English while keeping all rhetorical elements, repetitions, examples, and emotional tone intact.

Surely questions have appeared after such a deep reflection — perhaps you have looked at some life situations, at your own life, from other angles. And now you can ask these inner questions.

First question: I would like to understand — how can one understand one's purpose/destiny without a natal chart or astrology?

Very interesting topic — purpose.
There is nothing simpler, friends. It is very simple.
It is enough to use **intuition**.
The trouble is only that we do not listen to it and cannot listen to it, because we have made too many mistakes in our life, so to speak, and then explained to ourselves too much why we did them — and in this way we stopped hearing our conscience and, accordingly, our intuition.

Of course, at the most basic level, you can ask the people around you. Because if you do not understand yourself and you have no opportunity or desire to study yourself through a natal chart, you can look at yourself through the eyes of other people — especially close ones.
They often understand very well what is actually hidden in your soul.
This is a method you can use at this stage if there are no other options.

Thank you.

Next question: What does it mean if a person doesn't want to work at all? Is that irresponsibility?

It means that you simply have not found yourself.
You understand — when a person comes into contact with his… let's say… goal (it's not a very precise word, but we can use it), and you feel what kind of **pleasure** and **joy** you will experience and will transmit to other people — when you achieve this goal, then this goal itself becomes a **source of strength** for you.

Let me try to explain with an example.
Look — in our universe, **time** is one of the instruments, but in reality time can be **transcended**.
And **Jyotish** precisely speaks about this.
In other words — for our mind, for our consciousness, **time does not matter**.
If you can **feel** the results of your actions in the future — and the happiness that you will bring to people through these actions — then that future happiness becomes a **battery** for you, energy **in the present**.
Do you understand? This is really how it works.
That is, you can really be nourished by the energy that you will produce sometime in the future.
It is very simple, but you need to learn it a little.

Thank you.

Alakh Niranjan.

Two more questions from Lisa.

First question from Lisa: Where did the Vedas come from? What does it mean that they came from the Universe?

Excellent question.
Literally the Veda itself says that it is **apauruṣeya** — **apauruṣeya**, that is, **not of human origin**, **impersonal**.
This is how it happened.
About 5,600 years ago there was a certain gentleman named **Vyāsa**. You can study who he was.
What did he do?
He gathered representatives of the seven oldest lineages. You probably know them as **Rishis**. Have you heard? **Rishis**. The **Seven Rishis**.
He gathered representatives of these lineages, and these people carried the knowledge in its original purity still from **Brahmā**, that is, from the Creator.
But he did not ask them to write down what had been transmitted orally.

He asked them to use their practices, enter a state of **meditation**, and in that state simply become a **mouthpiece of Nature**, a **mouthpiece of the Universe** — which they did.
And then for quite a long time an uninterrupted stream of information flowed, which the disciples wrote down in the **Vedas**.
Five disciples recorded this information.

And after they wrote it down, we received **three Vedas** that describe how the world is arranged (although when we read them it seems to us that they are written about gods or about energies — but in reality this is a description of the structure of the world),
one Veda that describes how a human being interacts with this world (and it is considered incomplete because it is not about gods, not about the universe),
and one more Veda — historical, the history of how the world was created.

So these five sources of knowledge we now all have and can use.
The reason why this was done is very simple: about 600 years before the beginning of **Kali Yuga**, Vyāsa already clearly knew that Kali Yuga would begin, that the spiritual level and the level of human memory would sharply decline, and people simply would not be able to remember and transmit this knowledge orally from mouth to mouth.
That is why this knowledge needed to be **written down** — and that is what was done.

Thank you.

Another question from Lisa: Now is the era of great speeds, isn't it? So the knowledge that was given in another era — shouldn't it now be transformed in some special way?

I don't quite understand this question.
Literally, I would say the opposite: it seems to me that the more we move into the new era, the **more** these knowledges are needed.
I already spoke a little about this — for example, when it comes to **predictions**.
If you try to predict something without understanding the deep structure, the **spiritual nature** of events — you will never be able to predict anything accurately (or rather, not very accurately, or only for a short period).
But if you know how the **inner nature of events** is arranged — and that is precisely **Jyotish** — then you can predict quite accurately.

How can we talk about the fact that this should be transformed? In what sense transformed?
There are certain laws of how the inner, spiritual, energetic world of our Universe is arranged.
It **cannot be transformed** — it is arranged exactly this way.
Of course, one can destroy the universe and build another one with new laws — but so far the laws are as they are.
And no matter how high the speeds are — nothing will change.

Thank you.

One more question from Lisa: How to manage to live and integrate all this into real life — knowledge, learning, earning money?

With pleasure.
To the question "how" I will answer — **with pleasure**.
In reality, when gradually (we don't overload anyone) you form an understanding of **who you are**, a new model emerges of what you need to do, and you can gradually move into this direction, study it, and gradually transition.
Usually the transition takes 2–3 years — but that's not even the point.
It turns out that when you gain knowledge, **clarity** appears — what is important and what is not.

It turns out that when you gain knowledge, you realize that **50% of everything you do** you don't need to do at all.
And another **45%** you should do only as the very last priority.
And there are only **5%** that are truly important.

As soon as this clarity happens and you start doing the main thing **first**, a **rebirth** occurs.
Because when you do the main thing first, you stand on this main thing and see what will be the main thing tomorrow.
And you go from main thing to main thing, and everything secondary you do as a bonus, as an addition — if there happens to be such an opportunity.

In this way, regardless of your workload or overload, you gradually come into **dharma**.
And I have already observed this many times.
Or rather — I know it from my own experience, because once I was doing big projects and worked 14 hours a day.
And then — I don't know, I think I told you — I got into big trouble, caught a serious illness and lay in the hospital for more than 20 days.
And while I was lying there, I was tormented thinking what would happen to the company and these projects — everything would collapse, fall apart, it would all end.
But then I returned — and suddenly it turned out… do you know what turned out?
Everything was working. Nothing collapsed. Everything was fine — as if I had been there.
And then I realized: "Wait — maybe what I was doing every day, trying to control everything, is not that important after all."

And after some more time I realized from my own practice that there are simply very few things that are truly important.
And it is important to do them.
Everything else — everything will be fine.

I hope I answered.

Another interesting question: It's interesting — why are there mostly women here, they want self-improvement, while men are satisfied with everything?

Women are more sensitive, more intuitive. That is their nature.
They always try to bring a certain peace, harmony into the area where they are.
Accordingly, their sensitivity, intuition act like monitors — they scan the space around them, find something interesting and are drawn to it.

Men — forgive me — are more like little rams.
I'm talking about myself, not about everyone — about myself.
How does a little ram act?
Sees a goal — does not see obstacles — charges ahead, hits with his forehead, and in the end breaks through and achieves.

Do you understand? Here it is important to direct this little ram in the **right direction**.
And it starts with a woman.
It is not for nothing that they say: what is a man? — the head.
And what is the neck? Who is the woman? — **the neck**.
So there is nothing strange here. It simply corresponds to nature.

If men were taught this knowledge before the age of 12, and they would break through with their foreheads not just anything, but what is needed — that would be great.

But even now among us there are wonderful men who understand this and are looking for the right direction.

Good journey.

Question from Yulia: How not to stop spiritually developing even if there is a difficult period in life and it seems that there are only obstacles?

Quite a difficult question for me.
You understand — spiritual development is a **state**.
It consists of two parts.
You have phases of **conscious development** and **unconscious development**.
That is, in the unconscious state you simply need to follow a good character, strive to realize your good character.
When there is an opportunity for conscious development — you work with your **concentration**, with focus.
And that is the second side of development.

But actually I would say the opposite: it is precisely **difficulties** and the problems you face that are overcome **thanks to** the spiritual approach.
Because when you start seeing the world **more broadly** than you are used to, and you see in this world not only banal material connections but also **spiritual connections** — any problem is easily resolved.

So I would look at it differently in your place.
You will not be able to resolve difficulties/problems until you gain a **broader**, more **spiritual view** of this world.

I hope I managed to answer.

Question from Diana: Why is there such skepticism when you talk about spirituality and predictions, although it is very interesting and draws people to this knowledge?

This skepticism is completely understandable, because we all studied at school.
When we studied at school, we were told that the most important thing is **science** — and there are many of these sciences.
We studied many separate sciences — and we ended up with **chaos** in our heads.
Because these sciences are not connected in any way.
And in this state someone comes to you and says that there is something that **unites all of this**.
Since you were not taught this, you follow this logic: “This cannot exist, because everything is as bad as I know.”

In reality — no.
The problem is precisely that modern education does **not** aim to make you **happy**.
It sets **goals**.
Do you know what the goals of education are?
Goal number one — to make you an **efficient consumer**.
Goal number two (elite education) — to develop **talents**.
Neither the first nor the second has **any relation** to a complete worldview or to happiness.

Both directions of education prepare **unhappy** people — but people who are very **convenient to manage**.
That’s all.

Tell me — if you are a **complete person** (complete from the point of view of worldview), if you have a complete worldview, no blind spots — can anyone **control** you?

Impossible.
You will always be **free**.
That's all.

Thank you.

Question from an anonymous person: What is religion in our life for? What is the true purpose of religion in people's lives?

Look — in **Kali Yuga** — and religions appeared precisely in Kali Yuga.
Kali Yuga began — the heaviest time — about 700 years before our era.
It was from that time that all religions began to appear: Christianity, Islam, Buddhism…
The meaning of these religions is actually to develop a **model of behavior** that will **not allow a person to degrade too much**.
Only that meaning.

Because when you act like a machine, performing a certain set of commandments — this action allows you not to do something so bad that it would force you to degrade.
But religion **will not help you develop**.

And there is a second aspect. Over time religion became a **business**.
That is also a quality of Kali Yuga.

That is why — if you look, for example, at Vedic knowledge — there are **33 million gods**.
I am often asked: "How is that? What does that mean — 33 million gods?"
Answer: the fact is that every god (conditionally "god") is a **manifestation** of the Supreme.
It is one of the faces of the Supreme, which practices and demonstrates a certain set of practices for enlightenment, for becoming closer to the Supreme.
And your task is to find the image that is **closest to you**.
This is called **Ishta Devata**.

Because someone needs to pray **namaz** five times a day.
Someone needs to go to temples, light candles and pray to Christ.
Someone needs to sit in meditation.
Someone needs to repeat the names of the Supreme.
Someone needs to engage in charity.
And there are **33 million** directions of spiritual paths that help spiritual development.

The question is — have **you** found yours?
Have **you** found yours?
And now it sounds very funny when people say "which is better — this or that?"
There is **no better**.
There is that which **corresponds** to your nature — or does not correspond.
That's all.

There is no such thing as people often say: "Only this path is perfect."
It is perfect **for someone** — and for others another path will be perfect.
That is dharma.
Dharma says that **we are different**.
And that is precisely the beauty and meaning of life — that we are **different** — and not that everyone is tried to be made the same, as is now done in the West.

I hope I answered.

Alakh Niranjan, one more question on the same topic: Can Vedic knowledge help religions? Where are the points of contact?

Look — any religion was once a **spiritual path**.
Listen again: **any religion** was a spiritual path.
For example — Jesus Christ received knowledge. Yeshua received knowledge.
We know this from the Vedas.
In one of the Puranas it is described how a certain person known as… meets Yeshua.
Yes — he meets him in the Himalayas and asks: “What are you doing here in the Himalayas? Where are you going?”
Yeshua explains to him: “I received **Vedic knowledge** and I am returning to my homeland in the West to transmit knowledge to seekers.”
And he comes to the West and transmits knowledge to seekers.
That is — back then it was the same kind of spiritual school as any of these 33 million.
He brought a certain path and offered this path in the West.

Much later a certain **Paul** appeared who turned the spiritual path into **religion**.
Therefore, when we talk about points of contact — it is not a question of contact.
Religions simply need to **stop being a business** — and then they will again become spiritual schools.

After all, in Christianity there are a huge number of amazing people, amazing pastors.
By the way, sometimes young priests even come to us for astrological consultations — who **understand** knowledge, who are not in these delusions, but who **understand** knowledge.
And then we can say that this person is really following a **spiritual path**, not religion.

But if a person appears who says: “Guys, let’s all go kill” — then it is clear that this has **nothing** to do with a spiritual path.
That is a manifestation of **religion**.

I hope I managed to answer.

Question from Katerina: Please tell me — why are these epochs/yugas given? After all, as I understood, they are cyclical. And why do souls come to this world if the soul is conscious and has all knowledge?

The fact is that the soul is **interested** in receiving some **new experience** — and accordingly it comes to Earth to receive this experience.
But here everything is so interesting, the roses smell so good, the cake is so pleasant to eat — that sometimes we get a little **stuck** here.
We get stuck.

And in fact the three previous yugas were dedicated to you receiving the necessary experience and having the opportunity to **leave** this world.
But some of us — today about 9 billion — got **stuck** here.
That is — they came to receive experience, but they liked it here so much that they stayed — and cannot leave this world.

And then **Kali Yuga** comes — literally the age of suffering — when fate twists each of us in such a way that we finally say: “I can’t do this anymore. I **must** find a way out.”
And then the person turns to knowledge, starts practicing — and gets the opportunity to **leave** this world.

That is — Kali Yuga is the period when the Supreme, **through suffering**, forces us to return to ourselves.

Question from Irina: Who will read Jyotish and will it be possible to learn to compile a natal chart yourself?

Of course — all four sciences that I mentioned are taught professionally — and as a result you become professional masters in this field.

As for Jyotish — I read charts and other teachers read them.
Naturally, I accept the exams, we work together. That is — I directly participate in the process.

As for the other sciences — we have professionals of the highest level.
You will meet our Denis — he is probably the best Vastu master right now in the Russian-speaking, Ukrainian-speaking — well, in general in the West.

As for Ayurveda — we have Seva Murti — also a wonderful doctor who has been practicing for 20 years and simply amazingly has skills, results and knowledge.

As for Yoga — I close my eyes and say with awe that we have Vino Acharya — this is stunning.
Why? I will explain.
Because on one hand she was born in an ancient dynasty of Brahmins, and on the other hand she received knowledge from the **Bihar School** — precisely yogic knowledge.
That is — she combines Vedic knowledge and yogic practice in one person.
That is why she is so interesting, why it is worth communicating with her.
And she is generally a **Raja Yogi** — that is, a master of consciousness control.
Do you understand?

That is — all professions you will receive at the highest level.

There is only one nuance: the Academy brings you — remember I told you — to the **fourth level**.
And the next step — to the highest spiritual understanding and realization — **you must take yourself**.
You cannot be forced.
You must do it yourself — with a spiritual teacher.
But you will be able — we will help you find your spiritual teacher already on the fourth course.

So the matter is up to you.
Welcome.

Thank you.

Another interesting question from Yulia: How do you feel about the adaptation of varnas by Simon Chakovsky to modernity, where he called the Shudra varna outsiders and выделил a fifth varna? It really resonates with me. All my life I feel like an outsider.

I don’t feel anything about it. Complete nonsense.
Since when are people who have the ability to **create** considered outsiders?
A creator becomes an outsider when he gives his skills and strength to a person or works with a person who has **impure intentions**.

Think about it: if you are a creator, capable of doing things, inventing — and you start interacting with a leader, with a teacher who is **spiritual**, who goes toward development, helps society — then together you can do a great deal.
And then you are **not** an outsider at all.

But if you give your efforts for money to a person who, let’s say politely, is on Epstein’s list [laughter] — then accordingly your efforts go in a negative direction.

And then of course you are an outsider.

So just think **who** you work with — and that's all.

Question from Olga: Good afternoon. I see that even knowledgeable people are here, and I am a beginner. I only just started realizing the need for knowledge thanks to the "My World" channel. Will I be able to assimilate the knowledge at the proper level? Will I be able to understand everything without any prior preparation?

Of course you will.
The whole point of the Academy is precisely to start **from zero** — from the very first level, when consciousness is asleep — and gradually fill it, awaken it, awaken it, develop it, develop it, develop it — and bring it to such a level when a person can already consciously make decisions, up to the point of leaving this world.

But to reach this maximum awareness one must go a certain path — right from zero.
And that is what we do.

And for those who have already passed some part of the path — this course is also wonderful for them, because here there is a **system** received from the ancient **parampara**.
That is — not that a person picked up something here, something there…
No — when you learn bits and pieces here and there it is fine, but here everything is transmitted as a **system** that was once received directly from Brahmā — bang! — and all the puzzle pieces that were scattered in different places in you become connected into **one whole**.
And that gives **completeness**.

Question from Daria: Spirituality and business. Is it possible in the Academy to learn knowledge for implementing it in work with business and business consulting?

Yes — and it is **necessary**.
It is you who go to religion which says that spirituality and business are incompatible.
Real **business** is one of the manifestations of spirituality.

When you are successful in work, in material work — you are successful not because you are some kind of thug who puts a knife to everyone's throat, but because you **know the laws of nature** and build your business, your work in accordance with the laws of nature **and with your personal nature**.
Then there is **no contradiction**.

For many people **business** is the very best spiritual path.
It is just that if you belong to such a person — that is the whole point: there is **no bad or good**.
You cannot oppose things spiritually.
It is all one big, very interesting platform, one picture in which we exist.
It is only important to **find yourself** — and not to use someone else's templates.

Question: In the modern world most beautiful girls do not want to work. What caused this?

I have no comments — because I categorically disagree with you.
Because a truly beautiful person **with pleasure** gives his talents, his efforts — not because he is forced to, but because **he himself receives happiness** when he brings happiness to others.

And what you are talking about — you are slightly confusing the **desire to act** with **personal nature**.
Girls simply must apply efforts **in accordance with their nature** — and not against it.

That is — for example, the first thing a girl should bring to a man, to society — is **happiness**.
But if you force a girl to carry railway sleepers — that slightly interferes with happiness.
You should not do **that** kind of work.
But if some work **brings** this happiness — then on the contrary you should.
Why not?

Do you see the logic?
You just need — again — to follow your nature in nature, including your femininity or masculinity.

Question: Are there age restrictions — when one can already stop thinking about purpose? I mean older people — or should one move toward this at any age?

At any age one should move toward this.
Because when you determine purpose — besides the formal purpose there is also a refinement in accordance with **age**.
There are no problems.

If you think that the Vedas do not know anything about time and age — you are mistaken.
The Vedas know a great deal about age — what to do when, what to engage in when, where to direct your efforts — all this will be explained.

Another interesting question: Dear Alakh, isn't it scary to live when you know all the answers to questions of the past, present — and you can even predict the future? You know your entire life path. Do you have no feeling of fear? Is there still something you cannot predict or warn about?

No. Of course there is.
Look — after all, we — and I in particular — are **human beings**.
That means we are subject to **karma**.
Karma.
That is — we have already performed certain actions, we have certain impressions — and at a certain time we manifest them as reactions.

And even the most modern, the most super-holy person still carries karma within himself.
And there comes a time when these karmas begin to dominate.
That is — when you, for example, make mistakes, when you do not understand something.
This happens to everyone.
There is nothing tragic here.
It is part of it — because this karma must be **lived through**.

If I or other saints were completely cleansed of karma — we would not be here anymore [laughter], do you understand?
That is — if we are here, that means we still have karma.
That is — some impressions remain in our consciousness and force us to act in a certain way.
That means we still have a path to walk — just like you.

In general, friends — I wish you **happiness**.
I wish you to gain this knowledge.
And at first there is no need to tell anyone else about this knowledge.
First you need to settle into it a little.
But then you will see how wonderful it is — how, when you start walking the path, at some moment something different happens: the path itself **begins to call you**.
That is — at first you need to apply effort — and then the path will literally **pull** you along your path.

That is dharma.

I wish each of you to **find your dharma**, to step onto your path.
And as soon as you step onto it and begin — it already brings you **happiness**.

So **be happy**.